

Colomendy 2022

Wednesday 8th June-2022- Friday 10th June 2022

The return



Inspiring Learning Outcomes

We strongly believe that learning is most effective when it's fun! We can tailor your programme to meet your objectives for your group around ten learning outcomes.



Teamwork

Developing the ability to work constructively as a team member.



Communication

Enhancing speaking and listening skills, plus non-verbal communication.



Resilience

Finding positive opportunities for learning through exposure to failures or setbacks.



Leading and supporting

Thriving in both roles through reflection, communication and building positive relationships.



Challenge and risk

Understanding the challenges and consequences of controlled and healthy risk-taking.

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Environmental awareness

Understanding how the human footprint affects the environment, both locally and globally.



Self-confidence

Finding personal strengths, identifying opportunities for reflection, and boosting group engagement.



Motivation

Inspiring learners in a supportive setting to be the best that they can be.



Learning a skill

Exploring how individuals learn through the inspiring development of practical skills.



Problem solving

Learning is applied in layers through continued cycles of plan, do, review.

2018 trip: Memory Making, Skill building, Risk Taking, Resilience building



2019 trip: Memory Making, Skill building, Risk Taking, Resilience building



The Kit

Full Guide sent on Doddle

**Please use the following checklist to help pack bags:
(please put your child's name on all items of clothing)**

- ☐ One swimming towel and costume (where required)
- ☐ One bath towel
- ☐ Toilet bag containing: toothbrush, toothpaste, soap, hairbrush etc
- ☐ Night clothes
- ☐ Socks and underwear
- ☐ Four t-shirts, shirts, blouses (at least one with long-sleeves), sweatshirt (two in winter)
- ☐ One thick sweater plus one light sweater
- ☐ Three pairs of trousers and/or jeans and/or tracksuit bottoms
- ☐ Clothes for the Social Sundown (evening entertainment)
- ☐ Waterproof jacket (and trousers if you have them)
- ☐ Sturdy shoes or wellingtons (even in summer)
- ☐ Two pairs of trainers (one old pair)
- ☐ Large plastic bag for dirty clothes
- ☐ Gloves, hat, scarf (in winter)
- ☐ Water bottle
- ☐ Hat and sunscreen (in spring and summer)
- ☐ Rucksack for off site studies (if applicable)

*Please note that most activities require long sleeves.

Please note:

Do not bring: Mobile phones, expensive cameras, electronic games, iPods or MP3 players, expensive or much cherished jewellery, expensive favourite clothing or shoes. Kingswood can't accept liability for the loss, theft or damage of any personal property your child may bring.

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**Roll on Deodorants
only, no aerosols**

The Food

- Cater for all
- Specific dietary needs: Please ensure that S.Parker@Cromptonhouse.org
- Has been emailed with requirements
- Sandwiches are provided on the last day, and children will be asked next week which sandwich they prefer

Breakfast
Sausages
Bacon
Baked Beans
Scrambled egg
Hash Brown
cereals
toast & jams
sliced fresh fruit

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Shepherd's Beef pasty	DELI Day	Totilla Taco Boats	Chicken Nuggets	Oven Baked Burritos	
hot dogs	Selection of filled sandwiches:	meatball bolognese	Veggie Nuggets (v)	BBQ pulled pork	
cheese & onion pasty	folded flatbread	Wraps;	Veggie Nuggets (v)	Chicken salsa,	
Fries	Cobs, baguettes	mixed bean (v)		Chicken Skewers	
Baked Beans		BBQ Pulled Pork	Smoky tomato rice	BBQ Jack Fruit (V)	
	Pulled Pork	Chicken and Salsa		Vegetable Rice	
	Chicken Tikka	Chicken & BBQ			
	Cheese	Tuna & Sweetcorn			
	Ham & Cheese	Herb diced potato			
	Tuna	seasonal salad			
	Jacket Potatoes = centre option				

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
hunters chicken with bacon, cheese & BBQ Sauce	Mac & Cheese Haddock fishcake	Traditional cottage Pie	meatball & tomato pasta bake	beef lasagne	Traditional fish
crispy chicken nuggets	Southern fried chicken Fillet	Sausage & Mash	Magaretta pizza	traditional mac & cheese	Southern Fried Quorn Escalope (V)
crispy vegan Nuggets	Southern Fried vegan option	Vegetable Pie (ve)	Pasta bake (ve)	Mushroom pie (ve)	Cheese and Leek Pie (V)
Herb diced potato	jacket wedges	(vegan) mash	Garlic bread	garlic bread	Fries
Broccoli	sliced carrots	Sweetcorn	Broccoli	sliced green beans	mushy peas
Carrots	Garden Peas	Green Beans	sliced carrots	Garden Peas	Apple crumble & custard
Frozen Yoghurt (Strawberry)	Ice-cream	Frozen Yoghurt (raspberry)	Doughnuts		

Seasonal leaves, Tomatoes
and Cucumbers, Sweetcorn,
Grated Carrot

Sleeping or not !!!

- Students have chosen friends
- Boys Dorms
- Girls Dorms
- Some rooms are up to twelve
- Reserve the right to manage rooming as needed.

Emergencies & First Aid

- We will have first aid support on site, but in the event of a severe injury the parents will be informed and the students will be taken to the nearest A&E which is the countess of Chester Hospital in Chester
- They will be taken by staff in a car and parents may be requested to meet at the Hospital
- (Its happened twice- both students came back to Colomendy)
- Other Health issues we need to know about can be emailed into the year 7 team and Medication needs. These will need to be labelled and in a bag.

Travel

- We depart at approx.: 12.15 Wednesday come in kit ready for the trip
 - Students need a packed lunch.
 - FSM a lunch will be provided
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- We return for the end of the normal school day on Friday 10th June
 - A lunch from Colomendy will be provided (see Food)

Further Questions

- Please read the information guide already sent
- If you have any specific Q's please email
- S.Parker@Cromptonhouse.org
- A.Power@Cromptonhouse.org