

OCR Cambridge National Learning Journey- Sports Studies



LO1: use skills techniques and strategies as an individual performer



LO2: use skills techniques and strategies as a team performers



LO4- demonstrate knowledge and skills during an outdoor activity



LO3: plan an outdoor activity



LO2: understand the value of participating in outdoor activitie



LO1: know the different types of outdoor activities and provision



R056: Developing knowledge and skills in outdoor activities

YEAR
11



LEADERSHIP PART 2



LO3: deliver the sports activity

LO4: evaluate your performance in delivering the session



LO4: know about the roles of governing bodies in sports



LO3-understand the importance of hosting major sporting events

LO2-know about the role of sport in promoting values

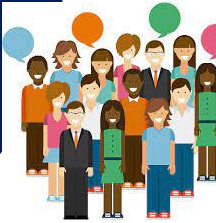


LO2: Olympic and Paralympic values



R051 (EXAM)
Contemporary issues in sport)

LO1-understand the issues which affect participation



LO2:risk assessments and health and safety considerations

Learning's competence			
	Slightly harmful (S)	Harmful (H)	Extremely harmful (EH)
Unskilled	Highly unlikely (S)	Unlikely (H)	Unlikely (EH)
Unskilled	Unlikely (S)	Unlikely (H)	Unlikely (EH)
Unskilled	Unlikely (S)	Unlikely (H)	Unlikely (EH)
Unskilled	Unlikely (S)	Unlikely (H)	Unlikely (EH)



YEAR
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LEADERSHIP PART 1

LO1: know the personal qualities styles, roles and responsibilities associated with effective leadership



LO2:Be able to plan sport activity sessions