



<p><b>QFT/SEND Provision</b></p>	<p><b>By product:</b> different learners are asked to present outcomes in a different way via isolated situations, small sided conditioned games, full competitive situations etc..</p> <p><b>By resource:</b> resources used will appeal to the range of preferred learning styles of pupils, e.g. visual, auditory or kinesthetic learners. Worksheets are clearly presented and accessible. Equipment and resources used appropriately differentiated e.g., ball size, changing distance, weights, goal size.</p> <p><b>By Intervention:</b> by providing different levels of supervision and support</p> <p><b>By Progressive Questioning:</b> exploring pupils' understanding through interactive dialogue.</p> <p><b>By Grouping:</b> according to prior attainment, gender, social preference, preferred learning style.</p> <p><b>By Task:</b> Pupils should be involved in the identification of targets which are meaningful to them and in the selection of an appropriate task from the given range.</p> <p><b>By Offering Optional Activities:</b> In class or as homework, to extend learning.</p> <p>This QFT/SEND provision will be explicit within the lesson-by-lesson schemes of work.</p>
<p><b>Implementation Curriculum Delivery</b></p>	<p>To be able to:</p>
<p><b>Learning Outcomes (Knowledge)</b></p>	<p><b><u>Fitness-Boys and Girls</u></b></p> <ul style="list-style-type: none"> <li>• Measuring resting heart rate and understand the importance of cardio-vascular fitness.</li> <li>• Accurately replicate the basic technique at each station during a circuit training session.</li> <li>• Understand how to make a circuit harder and the components of fitness involved in performance.</li> <li>• Accurately replicate a sustained running technique for 12 minutes (Copper test)</li> <li>• Understand the relationship between heart rate recovery and fitness level</li> <li>• Accurately replicate skill related fitness tests and understand the relationship between test scores and strengths as a performer.</li> </ul> <p><b><u>Rugby- Boys</u></b></p> <ul style="list-style-type: none"> <li>• Perform fundamental rugby handing skills and apply these in small, sided game to maintain ball possession and outwit opponents.</li> <li>• Develop knowledge and understanding of the basic rules of rugby.</li> <li>• Replicate the basic passing and receiving skills with the intention of outwitting opponents.</li> <li>• Understand the importance of width to attack</li> <li>• Develop an understanding of strategic and tactical plays in rugby to beat and outwit an opponent</li> <li>• Develop an understanding of how to tackle safely and to accurately replicate the correct technique for front and side tackles.</li> <li>• Outwit opponents using learnt skills and techniques.</li> </ul> <p><b><u>Table Tennis- Girls</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate and use the correct grip and understand the ready position.</li> <li>• Accurately replicate a basic backhand push shot</li> <li>• Understand the basic scoring and rules of doubles game play.</li> <li>• Develop an understanding on how to outwit opponents using a forehand drive with topspin</li> <li>• Perform and replicate a legal table tennis serve with control and accuracy.</li> <li>• Understand the importance of movement and preparation for an effective forehand shot.</li> <li>• Understand the double tactics and movement patterns basing on opponents positioning</li> <li>• Develop an understanding of how to outwit opponents using a combination of skills.</li> <li>• Accurately replicate a variety of shots in small, sided games whilst implementing basic strategies and tactics.</li> <li>• Accurately score and officiate games using the correct terminology throughout.</li> </ul> <p><b><u>Handball- Boys and Girls</u></b></p> <ul style="list-style-type: none"> <li>• Accurately replicate the basic handball skills of passing and receiving and apply them to small, sided games.</li> <li>• Perform the basic dribbling technique with control and use this to outwit opponents.</li> <li>• Develop an understanding on how to outwit opponents using learnt skills and techniques</li> <li>• Develop an understanding on how to execute a successful short on goal and appreciate how to adjust shot selection based on opponents positioning.</li> <li>• Understand the need to make decisions about choice of technique and refining ideas when unsuccessful.</li> <li>• Accurately perform basic defensive skills i.e., tackling.</li> <li>• Develop an understanding on when to defend and how to stop opponents from advancing.</li> </ul> <p>Red denotes interleaving; aspects of knowledge covered previously.</p>
<p><b>Current learning to be developed in the future within:</b></p>	<p>Pupils will build upon the skills developed when these sports are revisited in Year 8 where learners develop the techniques with more consistency. Pupils will be able to use the skills developed in these sports in the future lessons in the spring and summer term.</p>

<b>Assessment</b>	Refer to assessment maps for formative and summative assessment opportunities.
<b>Impact</b>	Attainment and Progress – Refer to assessment results / data review documentation.