



YEAR 8 Autumn TERM

'An ambitious curriculum that meets the needs of all'

Medium Term Planning - Topic: Netball, Football, Table tennis and Fitness



Curriculum Intent	In addition to working further on objectives from Year 7 pupils will be taught, following National Curriculum guidelines, the following this term:
Skills/National Curriculum Links	<p>Netball- Girls</p> <ul style="list-style-type: none">To further develop the fundamental principles of play when replicating core skills and movement including passing, receiving, pivoting, outwitting defenders, shooting, intercepting and movement patterns.To focus on developing team attacking and defending strategies and associated core techniques with the intension of outwitting their opponents.To develop an improved knowledge of positioning and rules that underpin the game.To learn how to combine and perform further developed netball skills consistently applying greater accuracy and higher quality of technique.To begin to analyse performances and adapt elements to improve. <p>Football- Boys and Girls</p> <ul style="list-style-type: none">To further develop the fundamental principles of play when replicating core skills and movement including passing, shooting, control, dribbling, heading, and tacklingTo focus on developing team attacking and defending strategies and associated core techniques required to support this.To encourage students to select and apply the appropriate core football skills, using them tactically with the intention of outwitting their opponents.To develop an improved knowledge of small, sided competitive games <p>Table tennis- Boys</p> <ul style="list-style-type: none">To develop consistency in the replication of core skills through conditioned situations.To develop the fundamental principles of play when replicating core shots with control and fluency including serves, forehand and backhand (topspin, slice, and side spin) in game play and conditioned situations.To further develop the ability to land the ball in a target area with control and refine game tactics with the intention of outwitting an opponent.To develop confidence in movement and demonstrate the ability to score and officiate games. <p>Fitness- Boys and Girls</p> <ul style="list-style-type: none">To learn and accurately replicate specific techniques in a range of fitness-based activities.To investigate the bodies' ability to exercise and the reasoning behind such principles.To develop a basic understanding of the way the body responses to exercise.
Cross Curricular Links	<p>SMSC: Learning to express yourself and respect other people's views.</p> <p>PSHE/British Values: Understand the importance of sportsmanship and the British Values of tolerance and respect for others that are linked to sport. Highlight possible character-building opportunities through sport-based activities and discuss the need to stay healthy and active throughout life.</p> <p>Literacy: Use of sport specific (subject specific tier 3) e.g., dodging, forehand with topspin, agility etc. terminology in relation to the activity and tier 2 terminology (general academic language) e.g., apply, identify, accuracy etc.</p> <p>Numeracy: Numbers, keeping score of games</p> <p>Skills Builder: Teamwork, leadership, decision making, problem solving, communication, creativity, staying positive.</p>
Becoming future ready	<p>Personal Skills: Participating in physical activity allows learners to develop their leadership, communication, decision-making skills which students can take with them into the world of work. Teamwork would allow a learner to work in a team effectively in several situations.</p> <p>Careers/Employability: Reference should be made to the options, roles, and potential careers in the sports industry. These might include sports coaching, teacher, journalism, management and business, injury, and rehabilitation. Learners will have the opportunity to experience different roles within sport, for example, performer, captain, coach and referee/umpire.</p>
Adaptation	Throughout this topic, quality first teaching will provide differentiation:

<p>QFT/SEND Provision</p>	<p>By product: different learners are asked to present outcomes in a different way via isolated situations, small sided conditioned games, full competitive situations etc.</p> <p>By resource: resources used will appeal to the range of preferred learning styles of pupils, e.g., visual, auditory, or kinesthetic learners. Worksheets are clearly presented and accessible. Equipment and resources used appropriately differentiated e.g., ball size, changing distance, goal size.</p> <p>By Intervention: by providing different levels of supervision and support</p> <p>By Progressive Questioning: exploring pupils' understanding through interactive dialogue.</p> <p>By Grouping: according to prior attainment, gender, social preference, preferred learning style.</p> <p>By Task: Pupils should be involved in the identification of targets which are meaningful to them and in the selection of an appropriate task from the given range.</p> <p>By Offering Optional Activities: In class or as homework, to extend learning.</p> <p>This QFT/SEND provision will be explicit within the lesson-by-lesson schemes of work.</p>
<p>Implementation Curriculum Delivery</p>	<p>To be able to:</p> <p><u>Netball- Girls</u></p>
<p>Learning Outcomes (Knowledge)</p>	<ul style="list-style-type: none"> • Demonstrate control and accuracy of passing and catching whilst abiding by the footwork, contact and obstruction rules during a game. • Demonstrate an ability to catch the ball from a variety of situations with improved technique and greater consistency. • Accurately demonstrate that ability to outwit opponents using a variety of passes with accuracy and timing. • Develop an understanding of strategic and tactical play and refine ideas based on successful outcomes. • Demonstrate good positioning whilst dodging to allow effective attacking strategies and apply these to small, sided games. • Explore ideas, concepts of attacking play when in space and with ball possession. • Accurately replicate the correct shooting action even under pressure. • Accurately demonstrate the ability to select different tactics to outwit a defender when shooting at the goalpost. • Accurately replicate defending skills whilst demonstrating an ability to mark an opponent and intercept passes sent towards them. • Apply defending principles when devising game plans and use these skills to outwit opponents. • Demonstrate and ability to outwit an opponent in a game situation using appropriate skills and techniques. • Develop knowledge and understanding of the rules in netball, to begin to umpire a game and feel confident identifying violations of the rules. <p><u>Football- Boys and Girls</u></p> <ul style="list-style-type: none"> • Replicate core passing skills in a variety of situations whilst performing these techniques in small, sided games to outwit opponents. • Accurately replicate different types of dribbling with control, speed, and fluency. • Demonstrate the ability to outwit opponents with a variety of passes and dribbling in a competitive small, sided game. • Accurately demonstrate an accurate and controlled shot on goal whilst developing an understanding of how to execute a successful shot. • Develop an appreciation on how to adjust shot selection based on opponents positioning. • Perform basic defensive skills to stop opponents from advancing. • Develop an ability to outwit an opponent when under pressure. • Accurately develop and demonstrate defensive strategies i.e., tackling, jockeying forcing onto weaker foot. • Develop an understanding on how to set up for a defense in order to stop opponents from advancing. <p><u>Table Tennis- Boys</u></p> <ul style="list-style-type: none"> • Demonstrate and use the correct grip and understand the ready position. • Accurately replicate a basic backhand push shot consistently. • Develop an understand the scoring and rules of doubles game play. • Develop an understanding of the effect of topspin on the balls flight and the importance of movement and ball placement in order to win points. • Develop an understanding on how to outwit opponents using a forehand topspin • Accurately replicate a backhand topspin shot • Develop an understand the importance of movement and preparation for an effective backhand shot. • Perform and replicate a legal table tennis serve with control and accuracy.

	<ul style="list-style-type: none"> • Develop the skill of anticipation and encourage quick decision making during a game. • Develop knowledge and understanding of outwitting strategies in both doubles and singles game play. • Develop knowledge and understanding of how to outwit an opponent using a combination of shots. • Accurately demonstrate a variety of tactics based on the movement of others. <p><u>Fitness-Boys and Girls</u></p> <ul style="list-style-type: none"> • Accurately replicate a sustained running technique in cross country • Understand the relationship between heart rate recovery and fitness level • Develop an understanding on why pacing is important in long running events. <p>Red denotes interleaving; aspects of knowledge covered previously.</p>
Current learning to be developed in the future within:	Pupils will build upon the skills developed when these sports are revisited in Year 9 where they develop more advanced techniques and demonstrate an understanding of the tactics and strategies with full competitive situations. Pupils will be able to use the skills developed in these sports in the future lessons in the spring and summer term.
Assessment	Refer to assessment maps for formative and summative assessment opportunities.
Impact	Attainment and Progress – Refer to assessment results / data review documentation.