

Children, Young People and Families: Advice Referral Tool

What's happening?

Events and Activities:

- Family Hubs and Children's Centres 1
- Family activities 1 2 3 5
- School holiday activities and HAF 2 4 5

Help, advice and support:

- Making the most of your money including children and family benefits 1 5 7
- Finding childcare and childcare funding 1 5 9
- Babies and early years including infant feeding, weaning, potty training and school readiness 1 5 13
- Children and young people with Special Educational Needs and Disabilities (SEND) 1 5 6
- Family support services 1 5 8
- Early Help 8

Child Protection and Safeguarding: I am worried about the safety or wellbeing of a child or young person 11

- Abuse
- Exploitation
- Neglect
- Radicalisation

Health and Wellbeing: 1 5 8 9 10 12 13 14

- Drugs and alcohol usage or abuse
- Children and Young People Mental Health
- Eating disorders/ disordered eating
- Sexual health
- Sexuality and gender identity
- Weight management
- Substance misuse
- Stop smoking or vaping

- 1 Family Hubs and Children's Centres:** One stop-shops to access the help and support you need to make sure your child is healthy, safe and looked after.
- 2 Oldham Libraries and Gallery:** Events, activities, storytelling and family theatre with Oldham Council's Heritage, Libraries and Arts services.
- 3 Parks and Green Spaces:** Free access to parks and green spaces including Northern Roots and community volunteering activities.
- 4 Holiday Activities and Food (HAF):** A programme of free activities during the school holidays funded by the Department for Education for children aged 5-16 who receive benefits-related free school meals in Oldham. There is also a selection of activities and events that children who don't qualify for free school meals can enjoy.
- 5 Family Information Service including the SEND Local Offer:** Help, advice and support for parents and carers. Events, activities, childcare, children and family benefits and an online directory of services available in Oldham for children, young people and their families with special education needs and/ or a disability (SEND).
- 6 Parent Carer Forum (POINT):** Support, advice, and activities for parents of children and young people with SEND.
- 7 Support and Inclusion Team:** Practical and friendly support to make the most of your money including budgeting, benefit entitlement and debt advice.
- 8 Early Help:** A range of specialist services to support children, young people and families with multiple and complex unmet needs on a range of issues.
- 9 Health and Social Care Directory:** Social care, health, education, leisure and employment support and services.
- 10 Child and adolescent mental health services (CAMHS):** Specialist services to children and young people who are experiencing mental health and emotional wellbeing difficulties.
- 11 Child Protection and Safeguarding:** Protecting Oldham's children and young people from abuse, exploitation, neglect and radicalisation.
- 12 Meeting Your Needs Oldham (MYNO):** Provides young people (13-19 year olds) with support about sexual health and/ or substance misuse.
- 13 Home Start:** Provides infant feeding support and a genetics outreach service.
- 14 Your Health Oldham:** Support for young people and their families to help to get more active and eat healthier. Plus advice and support to stop smoking or vaping for anyone over 12 years old.



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Please also see Adults Health and Wellbeing Tool



If a child or young person is in immediate danger or risk of serious harm or injury, call 999.

1 Family Hubs and Children's Centres:

You can access face-to-face support at one of our Family Hubs or Children's Centres.

Family Hubs are one-stop-shops for all your family's needs, offering a range of services, support and activities including support from maternity and health visitors, infant feeding support, speech and language support, parenting, activities, and lots of help from our partners such as Home-Start, Dad Matters and POINT.

You can also access support through our online Virtual Hub.

Accessing information and advice: www.familyhubs.oldham.gov.uk

4 HAF Programme:

Taking place at locations across the borough and delivered by multiple providers during Easter, Summer and Winter school holidays for ages 5-16 years.

Bookings: All sessions must be booked in advance by visiting www.oldham.gov.uk/haf

Questions or queries: For questions about the activities, please contact our providers directly. For any questions about the programme, please email oldhamhaf@oldham.gov.uk

7 Support and Inclusion Team:

The Support and Inclusion Team can support with making the most of your money including children and family benefits such as Healthy Start Vouchers and child benefits.

Check the benefits and financial support you could receive: www.gov.uk/browse/benefits/

Contact us: www.oldham.gov.uk/wecanhelp or call the Oldham Council Helpline on 0171 770 7007 (Monday - Friday, 9am - 5pm)

8 Early Help Service:

Family workers provide help to families on a range of issues. They help families identify their own strengths to achieve positive outcomes for themselves.

Resources to support families are available: www.oldham.gov.uk/We-Can-Help-Families.

Make a referral: Call 0161 770 7777, email child.mash@oldham.gov.uk or fill in the form online on the council website.

11 Child protection and safeguarding:

If you suspect a child or young person is being abused, then you will be listened to and believed. The first step is to make a child protection referral. The more factual information you can share, the quicker Children's Social Care or the police will be able to deal with your referral.

Make a referral: Call 0161 770 7777, email child.mash@oldham.gov.uk or fill in the form online on the council website.

2 Oldham Libraries and Gallery:

Taking place at venues across Oldham, come and join in a variety of activities and events.

Find out what's on: www.oldham.gov.uk/liveathelibrary or visit your local library. galleryoldham.org.uk

Keep up to date by signing up to the council's newsletter and by following our social media channels.



5 Family Information Service including the SEND Local Offer

For support, information and advice:

The Family Information Service (FIS) provides free, impartial, up-to-date information to support parents/carers with children and young people aged 0-19 years (25 with an additional need) and prospective parents. You can find family services, Ofsted registered childcare, activities and events.

Oldham's Local Offer is an online resource that details services, support and guidance available to children and young people with special educational needs and disabilities (SEND) aged 0-25 and their families.

Visit: www.oldham.gov.uk/FIS and www.oldham.gov.uk/localoffer

3 Parks and Green Spaces:

Find out what's on:

www.oldham.gov.uk/parks

6 Parent Carer Forum (POINT):

A support and advice service for parents and carers of SEND children and young people. There is a peer-to-peer network, specialist support and advisors and access to a range of family activities.

Visit: www.point-send.co.uk

10 CAMHS:

Anyone can make a referral including self-referral by a young person, parents, carers, health, social care and education professionals or anyone who comes into contact with a young person.

Make a referral: Call 0161 770 7777 (8.40am - 5pm, Monday - Friday), email child.mash@oldham.gov.uk or fill in the form online on the council website.

9 Health and Social Care Directory:

A directory of health and social care support and services.

www.oldham.gov.uk/SEND

14 Your Health Oldham

Who is the service for: children, young people and their families who want help to move more or eat healthier or anyone over the age of 12 who wants help to stop smoking or support around vaping.

Contact us: Refer yourself via the online referral tool or call 0161 960 025.

12 Meeting Your Needs Oldham (MYNO):

Who the service is for: support for young people around sexual health, identify or substance misuse.

Contact us: Call 0161 723 3880 (8am - 6pm Monday - Thursday, 8am - 5pm on Friday) or email info@earlybreak.co.uk

13 Home Start:

Information and support to help parents make informed choices around feeding their baby. Home Start also support families where parents or children have genetic disorders, and encourage and support families to undergo genetic screening tests to understand the likelihood of passing on genetic conditions, and assess the potential impact of these.

Contact us: Call 0161 344 0669 or fill in the online referral form.