



OCR Cambridge National Learning Journey- Sports Studies



Revision and Coursework Improvement

Topic Area 5 – The use of Technology in Sport

Topic Area 4 – Role of NGBs in the development of their sports

Topic Area 3 – The implications of hosting a major sporting event

Topic Area 2 - The role of sport in promoting values



Topic Area 1 – Issues which affect participation in sport

R184 – Exam Contemporary Issues in Sport



Topic Area 3: Negative effects of the media in sport.



Topic Area 2: Positive effects of the media in sport.



YEAR

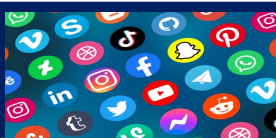
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R186

Sport and the Media

Topic Area 5 – The use of Technology in Sport

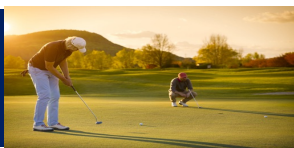
Topic Area 1: Different Sources of Media that cover sport.



Topic Area 4 – Role of NGBs in the development of their sports

Topic Area 3 – The implications of hosting a major sporting event

Topic Area 2 - The role of sport in promoting values



R184 – Exam

Contemporary Issues in Sport

Topic Area 2: Applying practice methods to support improvement in sport activity

Topic Area 1: Key components of Performance

Topic Area 1 – Issues which affect participation in sport



Topic Area 5 – Reviewing your own performance in planning a sports session



Topic Area 4: Leading a Sports Activity session

Topic Area 3: Organising and planning a sporting Activity

R185

Performance and Leadership in Sport Activities

YEAR
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Lesson Plan		Topic	Duration
Learning Objectives	Learning Outcomes		
Resources	Equipment		
Activities	Assessment		