



Crompton House PE

Key Stage 3 Programme Overview

		Week 1-4	Week 5- 8	Week 9-11	Week 12 - 15	Week 16 - 18	Week 19 - 21	Week 22 - 24	Week 25-27	Week 28-32	Week 33-36	Week 37-39
YEAR 7	Boys Set 1	Rugby (Field)	Football (3g)	OAA	Badminton (S.Hall)	Fitness (Indoor)	Dance (Gym)	Handball (3G)	Invasion game (gym)	Athletics	Strike and field (3G)	Tennis (MUGA)
	Boys Set 2	Football (3G)	Rugby (Field)	OAA	Dance (Gym)	Fitness (Indoor)	Badminton (S.Hall)	Invasion game (gym)	Handball (3G)	Athletics	Tennis (MUGA)	Strike and field (3G)
	Girls Set 1	Netball (MUGA)	Dance (S.Hall)	OAA	Football (3G)	Fitness (Indoor)	Handball (MUGA)	Rugby (Field)	Badminton (S.Hall)	Athletics	Dodgeball (Gym)	Strike and field (3G)
	Girls Set 2	Dance (S.Hall)	Netball (MUGA)	OAA	Handball (MUGA)	Fitness (Indoor)	Football (3G)	Badminton (S.Hall)	Rugby (Field)	Athletics	Strike and field (3G)	Dodgeball (Gym)
		Week 1-4	Week 5- 8	Week 9-11	Week 12 - 15	Week 16 -18	Week 19-23	Week 24- 27	Week 28 - 32		Week 33-36	Week 37 - 39
YEAR 8	Boys Set 1	Rugby union (Field)	Volleyball (Gym)	OAA	Basketball (S Hall)	Handball (3g)	Table tennis (S.Hall)	Football (3G)	Athletics		R.League (Field)	Cricket (3G)
	Boys Set 2	Volleyball (Gym)	Rugby union (Field)	OAA	Handball (3g)	Basketball (S Hall)	Football (3g)	Table tennis (S.Hall)	Athletics		Cricket (3G)	R.League (Field)
	Girls Set 1	Basketball (S.Hall)	Handball (3g)	OAA	Rugby (Field)	Volleyball (Gym)	Fitness (Gym)	Netball (MUGA)	Athletics		Strike and field (3G)	Tennis (MUGA)
	Girls Set 2	Handball (3g)	Basketball (S.Hall)	OAA	Volleyball (Gym)	Rugby (Field)	Netball (MUGA)	Fitness (Gym)	Athletics		Tennis (MUGA)	Strike and field (3g)

		Week 1 -6	Week 7 -9	Week 10 - 15	Week 16 - 21	Week 22 - 26	Week 27 - 32	Week 33 - 39		
YEAR 9	Boys Set 1	Rugby u (Field)	Cross country	Basketball (S.hall)	Football (3g)	Handball (3g)	Athletics	Strike and field (3g)		
	Boys Set 2	Basketball (S Hall)	Cross country	Rugby u (Field)	Volleyball (Gym)	Football (3g)	Athletics	Strike and field (3g)		
	Girls Set 1	Handball (MUGA)	Cross country	Volleyball (Gym)	Netball (S. Hall)	Dance (Gym)	Athletics	Strike and field (MUGA)		
	Girls Set 2	Dodgeball (Gym)	Cross country	Netball (MUGA)	Handball (MUGA)	Volleyball (S. Hall)	Athletics	Strike and field (Field)		