



YEAR 9 Spring TERM

'An ambitious curriculum that meets the needs of all'

Medium Term Planning - Topic: Basketball, Rugby, Volleyball, Netball, Handball, Football, Dance, Volleyball



Curriculum Intent

In addition to working further on objectives from Year 8, pupils will be taught, following National Curriculum guidelines, the following this term:

Basketball – Boys

- To further develop the fundamental principles of play when selecting and applying core skills including passing, receiving, dribbling, intercepting, dodging, lay-ups, and shooting.
- To focus on developing, implementing, and refining team and individual game plans to outwit opponents
- To use core skills, replicate them in different competitive situations to achieve an outcome.
- To demonstrate full understanding of games rules, play a select position and physically exert themselves throughout.

Rugby- Boys

- To further develop the fundamental principles of play when selecting and applying tactics for defending and attacking including passing, receiving, tackling, and beating an opponent through conditioned situations
- To use core skills and implement them in different competitive situations to achieve an outcome.
- To focus on developing, implementing, and refining team and individual game plans to outwit opponents.
- To understand games rules, play several roles and physically exert themselves throughout.

Volleyball – Girls

- To further develop the fundamental principles of play when selecting and applying core volleyball skills, including passing, setting, serving, receiving, spiking, blocking, and digging.
- To focus on developing, implementing, and refining team and individual game plans to outwit opponents.
- To use core volleyball skills and replicate them in different competitive situations to achieve an outcome.
- To demonstrate a full understanding of the game's rules, play a specific position, and physically exert themselves throughout.

• Netball- Girls

- To further develop the fundamental principles of play when selecting and applying core skills including passing, receiving, pivoting, intercepting, dodging, and shooting.
- To focus on developing, implementing, and refining team and individual game plans to outwit opponents
- To use core skills, replicate them in different competitive situations to achieve an outcome.
- To demonstrate full understanding of games rules, play a select position and physically exert themselves throughout.

Football – Boys

Skills/National Curriculum Links

- Develop an understanding of variations in passing and where different types of passes should be used.
- Develop the ability to use different parts of the body to control the ball
- Develop knowledge and understanding of how to head the ball correctly and safely and perform the different types of heading in different situations e.g., defensive and attacking.
- Accurately replicate a variety of shooting techniques on goal.
- Develop an appreciation on how to adjust shot selection based on opponents positioning.
- Develop an ability to outwit an opponent using dummies and fakes at speed.
- Develop an understanding on the importance of width and playing into space to attack
- Develop knowledge and understanding of how to stop attack effectively.
- Accurately perform the different types of defensive techniques in different situations.
- Develop understanding and appreciation for the need to make decisions about choice of defensive strategy.
- Develop creativity in developing new strategies for set plays in attack and defense.
- Incorporate corner kicks, goal kicks, defending and attacking strategies in competitive games.

Handball - Boys

- To further develop the fundamental principles of play when selecting and applying tactics for defending and attacking including passing, receiving, dribbling, tackling, and beating an opponent
- To focus on developing, implementing, and refining team and individual game plans to outwit opponents.
- To plan strategies and implement them in different situations in a Handball game

Dance – Girls

- To further develop the fundamental principles of dance by selecting and applying core skills, including technique, rhythm, flexibility, coordination, expression, and choreography.
- To focus on developing, implementing, and refining individual and group routines to create captivating performances.
- To use core dance skills and replicate them in various performance settings to achieve artistic and technical excellence.
- To demonstrate a full understanding of dance styles and techniques, perform specific roles, and physically exert themselves throughout each routine.

Cross Curricular Links

SMSC: Learning to express yourself and respect other people's views.

	<p>PSHE/British Values: Understand the importance of sportsmanship and the British Values of tolerance and respect for others that are linked to sport. Highlight possible character-building opportunities through sport-based activities and discuss the need to stay healthy and active throughout life.</p> <p>Literacy: Use of sport specific (subject specific tier 3) e.g., dodging, forehand with topspin, agility etc. terminology in relation to the activity and tier 2 terminology (general academic language) e.g., apply, identify, accuracy etc.</p> <p>Numeracy: Numbers, keeping score of games, counting, and recording repetitions.</p> <p>Skills Builder: Teamwork, leadership, decision making, problem solving, communication, creativity, staying positive.</p>
Becoming future ready	<p>Personal Skills: Participating in physical activity allows learners to develop their leadership, communication, decision-making skills which students can take with them into the world of work. Teamwork would allow a learner to work in a team effectively in several situations.</p> <p>Careers/Employability: Reference should be made to the options, roles, and potential careers in the sports industry. These might include sports coaching, teacher, journalism, management and business, injury, and rehabilitation. Learners will have the opportunity to experience different roles within sport, for example, performer, captain, coach, and referee/umpire.</p>
Adaptation	Throughout this topic, quality first teaching will provide differentiation:
QFT/SEND Provision	<p>By product: different learners are asked to present outcomes in a different way via isolated situations, small sided conditioned games, full competitive situations etc.</p> <p>By resource: resources used will appeal to the range of preferred learning styles of pupils, e.g., visual, auditory, or kinesthetic learners. Worksheets are clearly presented and accessible. Equipment and resources used appropriately differentiated e.g., ball size, changing distance, weights, goal size.</p> <p>By Intervention: by providing different levels of supervision and support</p> <p>By Progressive Questioning: exploring pupils' understanding through interactive dialogue.</p> <p>By Grouping: according to prior attainment, gender, social preference, preferred learning style.</p> <p>By Task: Pupils should be involved in the identification of targets which are meaningful to them and in the selection of an appropriate task from the given range.</p> <p>By Offering Optional Activities: In class or as homework, to extend learning.</p> <p>This QFT/SEND provision will be explicit within the lesson-by-lesson schemes of work.</p>
Implementation Curriculum Delivery	<p>To be able to:</p> <p><u>Basketball – Boys</u></p> <ul style="list-style-type: none"> • Develop an understanding of the benefits of passing and where different types of passes should be used E.G Bounce pass, chest pass, shoulder pass. • Demonstrate the ability to use a variety of passes to successfully outwit an opponent and apply these to small, sided games. • Perform and accurately replicate different types of dribbling with control, speed, and fluency in pressured situations. • Develop an ability to outwit opponents with the combination of advanced turns and dribbles, making decisions about how best to advance on the opposition. • Accurately execute a variety of shooting techniques on goal i.e., Lay-up, backboard shooting, jump shot, free throw. Develop knowledge and understanding of how to execute a successful shot on goal whilst appreciating how to adjust shot selection based on opponents positioning. • Develop an understanding of how to stop attack effectively. • Accurately execute different types of defensive techniques in varying situations i.e., jockeying, goal side, closing. • Accurately performer crosses using varying height, speed, and positioning. • Develop creativity in developing new strategies in attack and defense and understanding techniques used to stop opponents outwitting them i.e., goal side, man to man, half court defending tactics. • Demonstrate the ability to outwit an opponent in a competitive game situation using the appropriate skills and techniques. <p><u>Rugby- Boys</u></p> <ul style="list-style-type: none"> • Accurately replicate prior learnt types of passes and be able to perform these in game situations to retain ball possession and outwit the opposition. • Describe the difference in rules of rugby union and league.
Learning Outcomes (Knowledge)	

- Develop knowledge and understanding of strategic play used to outwit opponents.
- Develop and refine tactics based on the analysis of opponents.
- Develop knowledge and understanding of how to perform a ruck the roles of support players
- Accurately replicate the correct tackling and rucking technique and develop an understanding of the safety aspects and rules of tackling and offside.
- Develop the ability to perform a small line out with the correct technique.
- Develop an understanding of how a line out is formed and the necessary positions.
- Develop knowledge and understanding of how to form a small 3-man scrum and when a scrum is used.
- Accurately integrate scrummage skills into small, sided game after an infringement.
- Demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.
- Accurately replicate actions and tactical sequences whilst demonstrating knowledge and understanding of the rules of rugby.

Volleyball – Girls

- Demonstrate knowledge and understanding of volleyball rules.
- Accurately demonstrate an ability to execute a variety of passes, such as forearm passes and overhead sets, at speed and with control during small-sided games.
- Accurately make decisions about setting and receiving the ball into a space and positioning to receive a pass.
- Accurately demonstrate the ability to outwit opponents using a variety of techniques and passes with accuracy and timing.
- Develop and refine strategic and tactical play, adapting ideas based on successful outcomes.
- Demonstrate effective team play using attacking principles and be able to devise and select appropriate strategies.
- Accurately perform skills in small-sided game situations, making decisions about how best to advance on the opposition.
- Accurately replicate effective blocking techniques and intercept any attacks.
- Accurately demonstrate the ability to successfully outwit opposition when applying defensive principles and when devising game plans.
- Select advanced tactics to outwit the opposition, evaluate tactical outcomes, and consider how to improve performance.
- Develop knowledge and understanding of how to adapt game plans in response to the opposition and the state of the game.

Netball – Girls

- Demonstrate knowledge and understanding of netball rules.
- Accurately demonstrate an ability to execute a variety of passes at speed and with control whilst performing these in small, sided games.
- Accurately make decisions about sending and receiving the ball into a space and positioning to receive a pass.
- Accurately demonstrate the ability to outwit opponents using a variety of techniques and passes with accuracy and timing.
- Develop and refine strategic and tactical play and adapt ideas based on successful outcomes.
- Demonstrate effective team play using attacking principles and be able to devise and select appropriate strategies.
- Accurately perform skills in small, sided game situations making decisions about how best to advance on the opposition.

- Accurately replicate effective marking techniques and intercept any passes.
- Accurately demonstrate the ability to successfully outwit opposition when applying defensive principles and when devising game plans.
- Select advanced tactics to outwit opposition, evaluate tactical outcomes and consider how to improve performance.
- Develop knowledge and understanding on how to adapt game plans in response to the opposition and the state of the game.

Football - Boys

- Accurately replicate previously learned types of passes and be able to perform these in match situations to maintain ball possession and outwit the opposition.
- Describe the differences in the rules of football (soccer) and five-a-side football.
- Develop knowledge and understanding of strategic play used to outwit opponents.
- Develop and refine tactics based on the analysis of opponents.
- Develop knowledge and understanding of how to perform various support roles, such as defensive cover and attacking support.
- Accurately replicate the correct tackling techniques and develop an understanding of the safety aspects and rules of tackling and offsides.
- Develop the ability to perform effective throw-ins with the correct technique.
- Develop an understanding of how set pieces, such as free-kicks and corners, are formed and the necessary player positions.
- Develop knowledge and understanding of how to form a defensive wall and when it is used.
- Accurately integrate set-piece skills into small-sided games after an infringement.
- Demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.
- Accurately replicate actions and tactical sequences while demonstrating knowledge and understanding of the rules of football#

Handball – Girls

- Develop an understanding of the benefits of passing and where different types of passes should be used i.e., over defense line.
- Demonstrate the ability to use a variety of passes to successfully outwit an opponent and apply these to small, sided games.
- Perform and accurately replicate different types of dribbling with control, speed, and fluency in pressured situations.
- Develop an ability to outwit opponents with the combination of advanced turns and dribbles, making decisions about how best to advance on the opposition.
- Accurately execute a variety of shooting techniques on goal i.e., low drive, chip, volley.
- Develop knowledge and understanding of how to execute a successful shot on goal whilst appreciating how to adjust shot selection based on opponents positioning.
- Develop an understanding of how to stop attack effectively.
- Accurately execute different types of defensive techniques in varying situations i.e., jockeying, goal side, closing.
- Accurately performer crosses using varying height, speed, and positioning.
- Develop creativity in developing new strategies in attack and defense and understanding techniques used to stop opponents outwitting them i.e., goal side, man to man tactics.
- Demonstrate the ability to outwit an opponent in a competitive game situation using the appropriate skills and techniques.

Dance – Girls

- Develop an understanding of the benefits of different dance movements and where various types of movements should be used, such as leaps, turns, and floor work.
- Demonstrate the ability to use a variety of dance movements to successfully enhance a performance and apply these to small group routines.
- Perform and accurately replicate different types of footwork with control, speed, and fluency in pressured situations.
- Develop the ability to captivate the audience with a combination of advanced turns and footwork, making decisions about how best to enhance the choreography.
- Accurately execute a variety of jumps and leaps with proper technique and precision.
- Develop knowledge and understanding of how to execute a successful dance sequence while appreciating how to adjust movements based on the music and choreography.
- Develop an understanding of how to effectively transition between movements.
- Accurately execute different types of partnering techniques in varying situations, such as lifts, counterbalances, and support moves.
- Accurately perform sequences using varying tempo, dynamics, and spacing.
- Develop creativity in developing new choreography and understanding techniques used to create compelling performances and prevent predictability.
- Demonstrate the ability to engage and captivate an audience in a competitive dance situation using the appropriate skills and techniques.

Red denotes interleaving; aspects of knowledge covered previously.

Current learning to be developed in the future within:

Pupils will build upon the skills developed when these sports are revisited in Year 10. Pupils will be able to use the skills developed in these sports in the future lessons in the summer term.

Assessment

Refer to assessment maps for formative and summative assessment opportunities.

Impact

Attainment and Progress – Refer to assessment results / data review documentation.